



Outpatient Hysteroscopy

Post clinic Information for patients

Spencer Private Hospitals

Coming to our clinic may have been overwhelming at first. We hope you have felt welcome and as comfortable as possible and that we have maintained and your respect and dignity at all times.

This leaflet will answer some of your questions to enable you to settle more easily at home. If there is anything else at all that you would like to know please ask.

Today you had a hysteroscopy performed. The doctor had a look inside your womb with a camera.

You may have had a biopsy taken which involved taking a small sample of tissue from the inside the lining of the womb.

How will I feel afterwards?

Most patients leave after the procedure saying it was not as bad as they expected. There may be a small amount of vaginal bleeding lasting two to three days following the procedure. Please contact your GP if you are worried.

What will happen after the procedure?

After the examination the doctor will discuss your future management with you. If the decision is made for the procedure to be performed under a general anaesthetic a separate date for admission will be sent to you in the post. You will also be informed if you require any follow up outpatient appointments.

How do I receive the results of any specimens taken?

You will be informed of any noticeable issues or any further treatment required on the day of your procedure. If any pathology (tissue sample) it can take up to 4 weeks for the results to be ready. A follow up appointment will be arranged so you can discuss the results with the consultant.

What should I do when I return home?

When you arrive home you should rest for the remainder of the day. If you did not take any pain relief before coming for your procedure, we advise you take Paracetamol 1gram (usually 2 x 500mg tablets) and/or Ibuprofen 400mg (usually 2 x 200mg tablets) with food.

If you have any problems or side effects

If any of the following symptoms occur:-

- Heavy bleeding
- Severe lower abdominal pain
- Foul smelling vaginal discharge.

Please telephone the Spencer Private Hospital ward 01843 234555.

Alternatively, Accident and Emergency (A&E) on:

- A&E, William Harvey Hospital, Ashford 01233 616728
- A&E, Queen Elizabeth the Queen Mother Hospital, Margate 01843 235030

Any complaints, comments, concerns, or compliments

A questionnaire is available to you should you wish to offer comments or suggestions relating to your stay with us. All comments good or bad are taken seriously and Spencer Private Hospitals has a formal procedure for dealing with the information that you give us. A member of the Senior Management Team is always available to see you.

Complaints Procedure

We have a formal procedure for investigating and reporting complaints. If you are not satisfied with any aspect of your stay with us, please ask to speak to the Ward Manager.

If you wish to formally complain about any aspect of your care, please write to Lynn Orrin, Hospital Manager at Spencer Private Hospitals.

SHOULD YOUR COMPLAINT NOT BE SATISFIED?

If your care is funded by NHS, you should complain to the Clinical Commissioning Group using its complaints procedure.

If you are not happy with this reply you can ask the Parliamentary and Health Service Ombudsman.

Contact details:
Parliamentary and Health Service Ombudsman
Millbank Tower,
Millbank
London
SW1 4QP
www.ombudsman.org.uk

If your care is privately funded and you are not satisfied with the reply from the Hospital Manager you can contact ISCAS the Independent Sector Complaints Adjudication Service on the Association of Independent Healthcare Organisations website:
www.independenthealthcare.org.uk

Would you like the information in this leaflet in another format or language?

We value equality of access to our information and services and are therefore happy to provide the information in this leaflet in Braille, large print or audio - upon request.

If you would like a copy of this document in your language, please contact the ward or department responsible for your care.

Pacjenci chcący uzyskać kopię tego dokumentu w swoim języku ojczystym powinni skontaktować się z oddziałem lub działem odpowiedzialnym za opiekę nad nimi.

Ak by ste chceli kópiu tohto dokumentu vo vašom jazyku, prosím skontaktujte nemocničné pracovisko, alebo oddelenie zodpovedné za starostlivosť o vás.

Pokud byste měli zájem o kopii tohoto dokumentu ve svém jazyce, kontaktujte prosím oddělení odpovídající za Vaši péči.

Чтобы получить копию этого документа на вашем родном языке, пожалуйста обратитесь в отделение, ответственное за ваше лечение.

We have allocated parking spaces for disabled people, automatic doors, induction loops and can provide interpretation. For assistance, please contact a member of staff.

This leaflet has been produced with and for patients

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The Spencer Private Hospital
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Margate
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Spencer Private Hospital
at William Harvey Hospital
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